

The Jamie Jackson School of Golf  
Technique Efficiency Test

<b>GRIP</b>	<b>10</b>		<b>SCORE</b>						
			Left Hand		5		Right Hand		5
			Alignment	2			Alignment	2	
			Pressure	1			Pressure	1	
			Finger/Palm	2			Finger/Palm	2	
<b>SETUP</b>	<b>10</b>	<b>P1</b>	<b>SCORE</b>						
			Stance Width		1		Alignment		3
			Posture		2		Ball Position		1
			Balance		3				
<b>PIVOT</b>	<b>15</b>		<b>SCORE</b>						
			Primary Angle				Secondary Angle		
			Back Swing		2.5		Back Swing		2.5
			Down Swing		2.5		Down Swing		2.5
			Thru Swing		2.5		Thru Swing		2.5
<b>SWING PLANE</b>	<b>20</b>		<b>SCORE</b>						
		<b>P2</b>	Take Away	1		<b>P8</b>	Pre Impact	3	
		<b>P3</b>	1/4 Back	1		<b>P9</b>	Impact	2	
		<b>P4</b>	1/2 Back	1		<b>P10</b>	Thru Ball	3	
		<b>P5</b>	Top	1		<b>P11</b>	1/4 Thru	1	
		<b>P6</b>	Transition	2		<b>P12</b>	1/2 Thru	1	
		<b>P7</b>	Parallel Down	3		<b>P13</b>	Finish	1	
<b>CLUB FACE PLANE</b>	<b>20</b>		<b>SCORE</b>						
		<b>P2</b>	Take Away	1		<b>P8</b>	Pre Impact	3	
		<b>P3</b>	1/4 Back	1		<b>P9</b>	Impact	4	
		<b>P4</b>	1/2 Back	1		<b>P10</b>	Thru Ball	3	
		<b>P5</b>	Top	1		<b>P11</b>	1/4 Thru	1	
		<b>P6</b>	Transition	1		<b>P12</b>	1/2 Thru	1	
		<b>P7</b>	Parallel Down	2		<b>P13</b>	Finish	1	
<b>WIDTH</b>	<b>10</b>		<b>SCORE</b>						
			Take Away		1		Parallel Down		1
			1/4 Back		1		Pre Impact		1
			Top		2		Impact		1
			Transition		1		Thru Ball		2
<b>RELEASE</b>	<b>10</b>		<b>SCORE</b>						
			Lag @ P7		3		Thru Ball		3
			Impact		4				
<b>TIMING RELATIONSHIP</b>	<b>5</b>		<b>SCORE</b>						
			Back		2		Down and Thru		3
<b>SCORING TOTAL</b>	<b>100</b>		<b>TOTAL SCORE</b>						